

Media Alert

Connect and Thrive event in Tamworth: youth empowered to shape their future

Monday, 15 September 2025

Media representatives are invited to attend Connect and Thrive: Pathways, a youth-focused event designed to empower young people across the Tamworth region, including Quirindi, with the skills, confidence and connections they need to shape their futures.

Hosted by the NSW Office for Youth, the event responds directly to feedback from the 2024 NSW Youth Summit and the Your Voice, Our Future consultation, where young people called for more meaningful action and face-to-face engagement in their communities.

Date: Tuesday, 16 September 2025

Location: Tamworth Regional Youth Centre, 1A Quinn Street, Tamworth NSW 2340

Time: 10.30am – 11.45am – interviews and footage of two sessions

Targeted at young people aged 12 to 20, the program includes practical workshops in leadership and advocacy, a consultation session with local leaders, and a 'Pitch It' session where employers and community groups present real engagement and employment opportunities.

NSW Advocate for Children and Young People, Zoë Robinson, said: "We've heard loud and clear from young people that they want us to meet them where they are and provide more opportunities to connect, lead and be part of shaping their future.

"These events are about more than skills and jobs, they're about creating a space where young people feel seen, heard and supported to lead positive change in their own communities."

Media attending will have access to interviews with Zoë Robinson, two local youth attendees, as well as photo and video opportunities throughout the day.

ENDS

MEDIA: To confirm attendance or to arrange an interview with the Advocate for Children and Young People please contact: Anwen Ruttle | media@officeforyouth.nsw.gov.au | 0439 346 249